UNC Chapel Hill HSL’s Neurodiagnostics & Sleep Science Resources

UNC Chapel Hill Health Sciences Library:  [https://hsl.lib.unc.edu/](https://hsl.lib.unc.edu/)
Sleep Medicine & Neurodiagnostics Resources guide:  [https://guides.lib.unc.edu/sleep](https://guides.lib.unc.edu/sleep)

- E-databases, e-books, e-journals, streaming media; links to patient and professional resources, government sites, Evidence Based Practice (EBP) resources, writing & citing tools, library basics.

Barbara’s Basics:  [https://guides.lib.unc.edu/ahsbasics](https://guides.lib.unc.edu/ahsbasics)

- A library & research skills refresher, plus quick info for using the Health Sciences Library, if you visit.
- Improve Your Library Research Skills:  [https://guides.lib.unc.edu/ahsbasics/improve-library-skills](https://guides.lib.unc.edu/ahsbasics/improve-library-skills)

Related Resource Guides:

- Anatomy Resources:  [https://guides.lib.unc.edu/anatomy](https://guides.lib.unc.edu/anatomy)
- All Allied Health-related resource guides:  [https://guides.lib.unc.edu/ahs-subject](https://guides.lib.unc.edu/ahs-subject)
- All UNC Health Sciences Library Resource guides:  [https://guides.lib.unc.edu/HSLGuidesDirectory](https://guides.lib.unc.edu/HSLGuidesDirectory)

**Ask Us FIRST** whenever you need help:  [https://asklib.hsl.unc.edu/](https://asklib.hsl.unc.edu/)

- Contact us by phone, email, chat, text—or look at our answers to Frequently Asked Questions.
- We can save you time. We really mean it!
- There is a link to Ask Us in the header of every HSL page.

**Evaluating Sources from Johns Hopkins**: Once you find it, how do you know it is any good?
Learn to [evaluate information sources](https://guides.lib.unc.edu/hslguide/evaluate-information-sources), from social media and internet resources to scholarly articles.

**Meet Your Librarian:**

Barbara Rochen Renner, PhD, Allied Health Sciences Library Liaison:  [https://guides.lib.unc.edu/brr](https://guides.lib.unc.edu/brr)

- [Ask Us](https://guides.lib.unc.edu/hslguide/ask-us) is always the first place to go for help, and they will consult with me if necessary. If this does not resolve your need, let me know and I can follow up.

**I Love My HSL**  [https://ilovemyhsl.org/](https://ilovemyhsl.org/)

- Share ways in which HSL contributes to your success as a student. Let us know what works for you.