As always, if you have any questions, don’t hesitate to Ask US by submitting a question through the form or sending a chat message. The chat line and Ask Us listserv is staffed by real health sciences librarians at HSL during normal business hours.

If you have questions specific to the presentation or to this document, you are also welcome to contact Barbara Renner, PhD, at brrenner@email.unc.edu or Shannon Delaney at shanndel@live.unc.edu.

**General Overview**

**Resources available to you:**

- Access to a variety of databases that index thousands of journals
- One-on-one virtual consults with health sciences librarians
- Access to any book from the UNC’s library system
- Access to the Triangle Research Network (a consortium of libraries in the Triangle)
- Inter-Library Loan (ILL) – resources that other libraries own, delivered to you (including electronic articles delivered virtually as PDFs)
- Access to full text e-books, available through the UNC Catalog
- Access to several streaming media collections
- Free full use of citation management systems like F1000 Workspace, Mendeley, and Zotero.
- A discounted rate for the citation management system EndNote

**HSL Website**

1. **Ask Us** (http://asklib.hsl.unc.edu/) – Dropdown bar containing options for chat, calling, or filling out an email form. Come here if you are having trouble finding a full text article, have a general question about the library, or want to schedule a consultation.
2. **Find** – Click here for a drop-down menu with links to the databases page, catalog, research guides, special collections, and more

3. **Research & Teaching** – Click here for a drop-down menu with links related to finding evidence (systematic review/citing/evidence-based practice guides); instructional support (classes/course reserves/health literacy); and clinical practice support (patient education/clinical reference)

4. **Using the Library** – Click here for a drop-down menu with links to information about borrowing and requesting library resources

5. **Search boxes**
   - **PubMed** – easily search PubMed from HSL’s website – you must start here if you wish to have the “Find @UNC” option within PubMed
   - **Catalog** – from here, you can search the entire University Library system catalog for books and articles available through
   - **E-Journals** – If you know the name of a journal that might be useful, you can search for it here. Or, if you find an article in a database but are having trouble finding full text even with the blue Find @UNC button, search for the journal here and then search for the article within the journal
   - **Site** – searches the entire HSL site – Research guides, library news, etc.

6. **Quick Links** – easily get to several of the most prominent databases without having to route through the databases page. You must navigate to databases via the library’s website in order to see the blue “Find@UNC” button!

7. **Research Guides & Experts** – The core of the library’s resources! Helpful information, links, and information on contacting librarians who are subject experts.
   - **Allied Health Guide** – Start here for Barbara’s tailor-made guides to Allied Health studies, evidence-based practice, and a link to the research guide [Sleep Medicine & Neurodiagnostics Resources](#)
   - **View all our guides** – Click here to view all HSL research guides listed by topic, by title, or by author

**Finding Resources**

**Boolean Searching**

- Gather the key terms related to what you are looking for
- Utilize the Boolean words (AND, OR, NOT)
  - AND – brings you results which have both terms in your phrase
  - OR – brings you results which have either terms in your phrase
  - NOT – use carefully! Eliminates the terms you have specified
  - * [asterisk] – called “truncation.” Use to search for terms that have the letters up to the point of the * (ex: surg* would include results for surgery, surgeon, surgeries, etc.)
- Use parentheses to separate phrases/terms
- Within PubMed, you can use Boolean searching to combine searches. [Click here](#) for instructions.
- [UNC-CH Boolean Searching Research Guide](#)
Databases

Here are some of our more popular databases:

- **PubMed** – Generally the first place to start when searching for articles. Always navigate to it from UNC library or search from HSL.
  - Indexes many journals including articles recently published or not yet published
  - Many open access articles are also indexed in PubMed Central and include full text (everything in PubMed Central is in PubMed, but not the other way around)
- **CINAHL** [pronounced sin-all] – Good for finding full text articles related to nursing and allied health journals.
- **UptoDate** – When you need some quick clinical info, this platform has well-referenced overviews with links
- **Scopus** – Especially good for the intersection of social science and health, such as mental health/psychology. Has more interdisciplinary research and citation information.
- **Google Scholar** – Overlaps with all of these and includes “grey literature” from non-commercial publishers (like newsletters, company reports, or government documents). Always navigate there from the UNC library site so that you see the blue “Find@UNC” button.

Research Guides

What is a research guide? Basically, it’s a collection of resources grouped around a specific subject or program. It’s intended to be used as a reference resource – come here to get quick access to a variety of useful resources.

As shown above, you can easily get to our Research Guides from the main page of the HSL website. “View All Our Guides” takes you to a categorized list of research guides. From here you can get to guides on things such as Citing and Writing, Evidence Based Practice, and more. “Allied Health Sciences” under Core Guides takes you to the main Allied Health Sciences guide, containing links to specific area guides.

Some helpful guides from UNC-CH HSL to check out:

- **Writing in the Health Sciences**
  - Great location to find information on scholarly articles and writing sciences papers
  - Handouts from the UNC Writing Center that are particularly relevant
- **Finding Information for a Community Health Assessment**
  - Links to community health data. May be useful for assignments
- **Barbara’s Basics**
  - Everything you need to start searching!
  - Improve your library research skills
  - How to get your computer set up for UNC resources

* Quick Tip: Many academic libraries use the same platform (LibGuide) to create research guides, and these guides are often open to the public. If you can’t find what you’re looking for in a UNC guide, try doing a simple Google search to find guides from other universities (ex. “community health libguide”).
Just remember that you might not have access to specific subscription-based resources that other universities mention!

**Getting Resources**

*UNC Catalog*

https://library.unc.edu/  [Note: A new catalog design is planned to roll out in Summer 2019]

If you are searching for print books or electronic books, you’ll want to search in the catalog. There is a quick search box on the HSL homepage that will direct you to the UNC-CH catalog system.

1. **New Search** – A more accurate description for this link would be “Advanced Search.” If you are looking for a specific item but it does not show up, this link will take you to a form where you can fill in additional information.

2. **Anywhere** – This drop-down box allows you to change where the catalog searches for your term or phrase. “Anywhere” searches the whole catalog description, but you can change it to look specifically in the title, author, etc. fields.

3. **Location** – Tells you which library the resource is located in (physically) and the floor number. A resource listed under “Electronic book” can be accessed remotely.
4. **Refine Your Search** – Another way to, well, refine your search to see specific resources. Very useful if you’re looking for things published during a certain time period, or located in a specific library.

**Interlibrary Loan (ILL)**

Sometimes you may click on the Find @UNC button next to an article and encounter this screen:

![Message](image)

Search CrossRef for a DOI link to the full text

Still need help? ▲

Step 1: Search the UNC Libraries
by title
or
by ISBN/ISSN
Step 2:
Request it from another library via Interlibrary Loan
Step 3:
Have a question? Contact us.

Don’t be discouraged! If you would like to access this resource, scroll to the bottom of the page and click on “Request it from another library via Interlibrary Loan.” This will take you to our ILL page where you can create an account and request the article – all for free. When you click on the link “Request it from another library via Interlibrary Loan,” the system will automatically fill in a request form with all the information from that resource. All you have to do is submit the form and be a little patient! It generally takes 2-3 days to process ILL requests for digital articles. You will get an email directing you to your ILL account, where you will be able to view and download a PDF copy of the article you requested.